**NOVEMBER 2025 VOL. 26 NO. 7** 



# **Looking Ahead: Managing** Rising Power Costs in 2026



**Dave Page** General Manager

Across the energy industry, utilities are experiencing higher costs, and Whetstone Valley Electric Cooperative is preparing for those impacts. As your locally owned cooperative, we want to keep you informed about the challenges that may influence rates next year. Sharing updates in advance allows all of us to plan more effectively for what's ahead.

A significant share of Whetstone Valley Electric's budget goes toward wholesale power purchases. These costs, which account for more than half of our operating expenses, are projected to increase by nearly 11% in 2026. Because wholesale power represents such a large portion of our total costs, adjustments by our suppliers inevitably affect the rates our members pay.

Two developments will directly affect Whetstone Valley Electric. Our main power provider, Basin Electric, will implement higher wholesale rates in January 2026. Meanwhile, the Western Area Power Administration (WAPA), which supplies about 17% of our energy, is also raising its rates by 6.97%. In addition, East River Electric — our transmission cooperative — is investing heavily in new transmission infrastructure to keep pace with growing demand across the region. Together, these changes shape the costs that flow directly to our cooperative.

We are also managing pressures closer to home. Prices for labor, materials, and equipment

continue to rise. At the same time, Whetstone Valley Electric must invest about \$2.5 million in 2026 to replace aging distribution lines. With an average system age of 56 years, these upgrades are critical to keeping service reliable and safe for our members.

Your cooperative's staff is carefully reviewing the 2026 budget to limit internal expenses and cushion the impact on members as much as possible. While we cannot avoid higher wholesale costs or the need for essential infrastructure, we are committed to managing everything within our control responsibly.

As we move through the year, here is what you can expect:

- Regular updates as cost projections and budget planning take shape.
- Specific details about rate adjustments once the cooperative's budget is finalized.
- Continued focus on reliability, affordability, and clear communication with our members.

We encourage you to begin preparing for these changes, just as your cooperative is doing. Thank you for your trust and support of Whetstone Valley Electric Cooperative. Working together, we will continue to power our communities with safe, reliable, and affordable electricity well into the future.

Scammers will try anything to pressure customers into providing their personal information. If you are ever asked to pay your utility bill through a third-party transaction app, such as Cash App or Venmo, it's a scam. Remember, utilities will never request a payment through a third-party app. Always use authorized payment methods when paying your utility bills.

Source: Utilities United Against Scams



# **COOPERATIVE**

CONNECTIONS

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#### **General Manager:**

Dave Page - davep@whetstone.coop

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#### Visit us at www.whetstone.coop

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# **Home Lighting Guide**



The following information outlines recommendations for home lighting, however, additional options for bulbs, fixtures and spaces in your home may be available. Sources: Home Depot, Alcon Lighting

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Room/Area	Reccomended Lumens	Fixture Types	Smart Tips			
Living Room	<b>15-30 per sq. ft</b> 150 sq. ft. room. 2,250-4,500 lumens.	Ceiling fixtures, can lighting/ accent lightings	Use smart bulbs to adjust color temperature and control remotely.			
Kitchen	<b>30-40 per sq. ft</b> 100 sq. ft. room. 3,000-4,000 lumens.	Recessed ceiling lights or flush mounts	Smart switches can control zones (dining vs. prep); Lights under cabinets offer late-night illumination.			
Dining Room	10-20 per sq. ft. 100 sq. ft. room 1,000-2,000 lumens	Pendant or chandelier fixture	Smart, dimmable bulbs allow various levels of brightness for ambiance.			
Bedroom	10-20 per sq. ft. 120 sq. ft. room 1,200-2,400 lumens	Ceiling fixtures or recessed lighting	Motion sensors are great options for nighttime use.			
Bathroom	50-80 per sq. ft. 60 sq. ft. room 3,000-4,000 lumens	Over-vanity fixtures and/or recessed lighting	Cool LED bulbs provide brighter light for shaving, applying makeup, etc.			
Porch/ Entry	100-200 per sq. ft. 100 sq. ft. entry 10,000-20,800 lumens	Wall lanterns, ceiling mount and/or floodlights	Motion-activated flood lights and/or smart bulbs are energy efficient and boost home security.			

# CLOSED Monday, November 11th



**Happy Veterans Day!** 



# ENERGY EFFICIENCY TIP OF THE MONTH

With the holiday season approaching and more time spent in the kitchen, consider ways to save energy in the heart of your home. When possible, cook meals with smaller, energy efficient appliances, such as toaster ovens, slow cookers and air fryers. When using the range, match the size of the pan to the heating element. Keep range-top burners and reflectors clean so they reflect heat more efficiently. After your holiday meals are complete, load the dishwasher fully before starting the wash cycle.

Source: energy.gov

# Stay Safe This Holiday Season:

# Tips for a Merry and Accident-Free Celebration

The holidays bring families together with twinkling lights, festive meals and cozy traditions. But they also bring seasonal risks that can turn celebrations into emergencies if precautions aren't taken. Local safety officials are reminding residents to keep safety in mind when cooking, decorating, and entertaining this year.

#### **Extension Cords**

With more lights and electronics plugged in during the holidays, extension cords are often stretched to their limits. Experts urge homeowners not to overload outlets and to replace any cords that are frayed or damaged. Only outdoorrated cords should be used outside, especially in snowy or wet conditions.

Families should avoid running cords under rugs or across doorways where they can overheat or become tripping hazards.

## **Turkey Fryers**

Thanksgiving and Christmas dinners have grown to include deep-fried turkeys, but safety must come first. Fryers should only be used outdoors, on a flat surface and far away from buildings, garages or wooden decks. Fire officials caution that a partially frozen or wet turkey can cause oil to boil over and ignite, leading to severe burns or home fires.

A fire extinguisher rated for grease fires should always be kept nearby, and fryers should never be left unattended while in use. One distracted moment can cause a disaster.

#### Ladders

From hanging lights to topping off the tree, ladders are part of the holiday routine. Falls are among the most common seasonal injuries, so ladders should be set on level ground and never leaned against unstable surfaces. Having another person hold the ladder is strongly advised.

# **Candles and Fireplaces**

Candles and fireplaces are popular during the holiday season, but they also raise the risk of home fires, especially when combined with the extra decorations and greenery that fill many homes in December. According to the National Fire Protection Association, candles cause an average of

46% of fires in December each year. Never leaving a flame unattended and incorporating a few safety rules can prevent a devastating fire.

# **Lights and Decorations**

Before hanging holiday lights, inspect strands for cracked socket, frayed wires or loose connections, and replace any damaged sets. Outdoor lights should always be weather-rated, and lights should be turned off before bedtime or when leaving the house. Timers and smart plugs can help make this easier.

Decorations should be securely fastened to prevent them from tipping or falling, especially in homes with children or pets. Heavy ornaments should be placed higher on the tree, out of reach of small hands and wagging tails. Fire officials also recommend choosing flame-resistant or non-combustible decor whenever possible and keeping all decorations away from heaters, fireplaces or open flames.



"Don't fly kites near power lines!"

# Kristen Vanden Berg, Age 11

Kristen cautions readers on the dangers of flying kites near power lines. Great picture, Kristen! Kristen's parents are Andy and Geraldine Vanden Berg from Corsica, S.D.

Kids, send your drawing with an electrical safety tip to your local electric cooperative (address found on Page 3). If your poster is published, you'll receive a prize. All entries must include your name, age, mailing address and the names of your parents. Colored drawings are encouraged.



# **Ingredients:**

2 15 oz. cans whole kernel corn, drained

15 oz. can cream corn 1/2 cup butter, melted 1 box Jiffy cornbread mix 1/2 pt. whipped cream

#### Method

Combine whole kernel corn, cream corn, butter, liffy cornbread mix and whipping cream. Mix thoroughly. Pour into greased 8.5"x11" pan and bake at 350°F for 40-45 minutes.

**Sharon Houchin Central Electric** 

your own)

2 cups chicken/turkey gravy

#### Method

Prepare stuffing according to directions but substitute water with broth. Dice and sauté celery, carrots (total of two cups) and onions in herbed butter. Fold into stuffing. Put into baking pan and top with gravy. Poke gravy into stuffing - just a little bit. Don't completely mix. Bake at 350°F for 20 minutes and broil briefly at the end.

Valerie Marso Oahe Electric

Mix in remaining ingredients and stir. Marinate for several hours or overnight.

This salad keeps for 3-4 days refrigerated.

Raw Vegetable salads full of electrolytes, vitamine C and fiber.

**Laurie Wernke** Southeastern Electric

Please send your favorite recipes to your local electric cooperative (address found on Page 3). Each recipe printed will be entered into a drawing for a prize in December 2025. All entries must include your name, mailing address, phone number and cooperative name.

# **Prep Now for Winter Savings**



Miranda Boutelle **Efficiency Services** Group

Q: What can I do now to manage my winter energy bills?

A: You'll be thankful you prepared in the fall for colder weather when you receive your first winter bill. Just as you pull out your winter gear before you need it, prepping your home for the coming season is a great idea.

The following steps can be taken now to use less energy at home before the winter chill sets in. They also help lower strain on the electric grid during extreme winter weather when energy use is at its peak in your community.

First, let's consider your home's layers. Just like layering up those winter flannels, fleeces and down jackets with waterproof, wind-stopping shells, gloves and hats, your home needs layers, too. Air sealing and insulation protect your home from the elements while locking in the warm air to keep you cozy. The same applies to hot weather, making air sealing and insulation a year-round efficiency upgrade.

To offset the costs, federal tax credits for energy efficiency upgrades are available through Dec. 31, 2025. Homeowners can claim a total of 30% of the cost of installation, up to \$3,200. Tax credits are available for insulation, heat pumps, air conditioning systems and more. There's even a tax credit for electrical panel upgrades, which might be needed to accommodate new energy efficient equipment.

There's also a \$150 tax credit for an energy audit, which allows a pro to help determine what your home needs and how to prioritize potential projects. Visit energystar.gov for more information.

When it comes to do-it-yourself projects, there are a few upgrades you can take care of yourself. Lock in savings with window cleaning and maintenance. Make sure sash locks and window cranks are in good working order and cleaned of any dirt and leaves. Debris can keep them from closing snugly. I find the crevice tool attachment on my vacuum cleaner, combined with a small, dry scrub brush or an old toothbrush, works great. The locks should pull the top and bottom window sashes together tightly. For casement windows, the locks should pull the window tightly to the frame.

Although it might not seem like a significant difference, reducing airflow through and around windows can make your home more comfortable in the winter. Replacing broken or nonfunctional sash locks can be a reasonable DIY project, but it's best to avoid doing it when the winter winds are blowing. Also, use caulk to seal all gaps around the window trim. If you have operable storm windows, make sure they close.

If you have a forced-air heating or air conditioning system, replace the filter. First, turn the system off to check it. If your filter is dirty, leave it in place until you have a replacement. Running your system without a filter can send any dust or dirt in the ductwork directly into the components and damage your equipment. Make a note of the filter's size on your shopping list or take a picture of the filter with your phone so you can reference it when running errands.

Also, stocking up on filters can save you money. I bought a 12-pack of filters for \$72 - \$6 each. A similar filter sold separately was \$10. Don't see a bulk pack at your local hardware store? Ask at the customer service desk. They may be able to order them for you.

This fall, look for opportunities to protect your home from the elements and maintain your equipment before the cold of winter.



# SAFETY

HuntSAFE volunteer instructors, from left, Kit Talich, Derek Wolf and Greg Miller, demonstrate proper gun safety during a HuntSAFE course. Not pictured is instructor Mike McKernan. Photo by Frank Turner.

# Co-op employees get involved in HuntSAFE

**Frank Turner** 

frank.turner@sdrea.coop

For more than 10 years, West Central Electric Cooperative Staff Engineer Kit Talich has volunteered with the HuntSAFE program in his hometown of Murdo. Run by South Dakota Game, Fish and Parks with help from local instructors, HuntSAFE teaches young people how to hunt both safely and ethically.

Just last month, Talich was in front of a class at Jones County Elementary School, holding a specially modified firearm designed only for demonstrations. The training guns have no firing pins, but the lessons carry real weight as Talich taught sixth-grade students how to cross a fence safely, keep a muzzle pointed in the right direction and always treat a firearm as if it is loaded.

"I went in for a year or two just to help out," Talich recalled. "Then I took the instructor exam and got certified in 2015, and I've been teaching ever since."

HuntSAFE is designed for youth hunters in South Dakota. In order to hunt under certain youth tags, students must first complete the program and earn their HuntSAFE card. The course covers everything from basic firearm mechanics to safe handling, outdoor ethics and wildlife conservation.

"It's about 10 to 12 hours of classroom in-

struction, plus a field day," Talich explained. "We go over the book material, but then the kids also have to handle firearms, cross fences, shoot clay pigeons and demonstrate that they understand the safety rules."

Talich said his co-op's culture of community commitment has always made volunteering possible.

"The co-op has always been very supportive," Talich said. "They've encouraged me to take time out of my day to help with the program. Everyone's on board with safe hunting and safe handling of firearms. It fits right in with the cooperative principle of concern for community."

While many of the students go on to hunt deer, pheasants or other game, Talich emphasizes that HuntSAFE is about more than just filling a tag.

"A lot of these kids may never go hunting, but living in rural South Dakota, chances are they'll be around firearms at some point," he said. "The most important thing is that they know how to safely handle a firearm or that they have the confidence to speak up if someone else isn't handling one safely."

In the safety course, Talich often highlights four core safety rules: always treat every gun as if it is loaded, always point the muzzle in a safe direction, keep your finger off the trigger until ready to shoot, and be sure of your target and what is beyond.

"If you follow those four, the chances of anyone getting hurt are very, very low," he said. "It's rewarding to watch them learn and take it seriously. And it's rewarding to know they're taking those lessons home - sometimes even teaching their younger siblings or cousins what they've learned."

After nearly two decades at the cooperative, Talich is preparing to join Sioux Valley Energy — a career move that also means stepping away from his role in the HuntSAFE classroom. To ensure the program continues, another West Central Electric employee is ready to take his place. Derek Wolf, who has already been helping in the classroom alongside Talich, said he is thrilled to continue representing West Central Electric in the program.

"I just grew up around hunting and firearms, and I think it's a neat program for kids to be involved in," Wolf said. "Whether they end up hunting or just knowing gun safety, I think it's huge. Obviously, Kit's been doing it a lot of years, and he saw I was interested. With him stepping out, it just made sense to step in."

Looking back at 10 years of volunteering, Talich said he is glad to see another co-op face step forward to champion gun safety.

"It's important to me that the program keeps going strong," Talich said. "It's good to know there are people like Wolf who are willing to step up and carry it on."



# FOR CAREGIVERS

Several resources are available for caregivers in South Dakota through the Department of Human Services. Photos by Homecare Services.

# **Exploring Structured Family Caregiving Services for South Dakota's Caregivers**

## **Frank Turner**

frank.turner@sdrea.coop

November is recognized nationally as Family Caregivers Month, a time to honor the essential role of caregivers and highlight the resources available to them and the loved ones they support.

Yet, families face a growing challenge: how to care for aging loved ones when services are often far from home. Nursing homes or assisted living centers may be located hours away, and even when they are nearby, the cost or availability of space can present real barriers.

One answer has been the Structured Family Caregiving program, launched by the South Dakota Department of Human Services (DHS) in 2019.

According to Heather Krzmarzick, Director of the Division of Long-Term Services and Supports within DHS, the program is one of many resources at DHS that are

available to help older adults and their caregivers. It provides training, coaching, ongoing support and even a modest stipend to those offering significant care for an older adult in the home.

"Structured Family Caregiving serves caregivers who live with their family member and provide substantial care for them, including personal care, supervision, medication management and other things, such as managing finances and transportation for necessary appointments and community activities," Krzmarzick said.

In many ways, the program echoes the electric cooperative story. Just as co-ops once brought electricity to rural areas that were otherwise overlooked, the program helps families meet a need that might otherwise go unserved. In places where nursing homes or assisted living centers are many miles away, the program gives families a practical way to continue care at home, often the place where people feel most comfortable.

"Structured Family Caregiving is important because it

supports the vital work of family caregivers, strengthens families and improves outcomes, especially in underserved or isolated regions," she said. "The program honors South Dakota's values of strong families, independence and community."

In addition to expanding community-based care options to rural areas, the program allows families to potentially prevent or delay the move to a nursing home and reduce the economic burden that often comes with that transition. Krzmarzick said DHS also offers other programs for those that may need a little extra assistance to remain safely in their homes but don't require the intensive services of a nursing facility.

"Each caregiver has unique needs and preferences," she said. "As such, the services and supports are designed to meet the varying needs of each caregiver and help care for a person at home as long as possible."

To be eligible for the program, the care recipient must be 65 or older or

18 or older with a qualifying disability and meet both functional and financial criteria to qualify for the program.

Since its creation, the program has grown steadily, giving more families the tools to succeed. Krzmarzick said it has allowed many older adults and adults with disabilities to remain in their homes while supporting family caregivers with knowledge, training and a small amount of financial assistance.

Agency Director Steven Novotny with Homecare Services of South Dakota, Inc., one of many in-home care providers in the state, said that few other programs reach and serve those who need care quite like the program.

"Structured Family Caregiving has the unique ability to serve consumers in every community across our state, large or small. Under this program, individuals can receive care from a trusted family member or friend, which allows them to remain independent and living in their community," he said. "Our caring staff at Homecare Services of South Dakota have seen

firsthand the positive impact on families when we are able to provide support and training to the caregivers that are stepping into what is often a challenging role caring for a loved one."

Krzmarzick said the Structured Family Caregiving program is just one of many support options that DHS offers individuals and their caregivers in South Dakota. Resources are available online at dhs.sd.gov or through Dakota at Home, South Dakota's Aging and Disability Resource Center, at 1-833-663-9673.

"All caregivers, not just those utilizing the Structured Family Caregiving Program, may access free training and resources to help improve confidence in their caregiving abilities, reduce stress and prevent burnout," Krzmarzick said. "Caregivers may also be eligible for other programs that offer respite options. Our Dakota at Home specialists are dedicated to helping you find services and supports to meet your specific needs or the needs of a family member."



# YOUTH TOUR



# Who Can Apply?

High school juniors & seniors who are electric co-op members **Join** students from across South Dakota for a <u>free</u>, once-in-a-lifetime trip to Washington, D.C., sponsored by your rural electric cooperative. **Contact** your local cooperative for more details and application information!

# Attention High School Juniors & Seniors: Win a Free Trip to D.C.

Whetstone Valley Electric Cooperative will once again sponsor high school (juniors and seniors) on an all-expense-paid trip to Washington, D.C. Each June, over 1,800 high school juniors and seniors travel to Washington, D.C., to participate in the Rural Electric Youth Tour. Throughout the week, participants will explore Washington, D.C., learning about government, cooperative philosophy and rural electrification. The students are selected and sponsored by their local rural electric cooperatives with the South Dakota Rural Electric Association (SDREA) coordinating the trip for South Dakota students.

Tour highlights include the Lincoln Memorial, Washington Monument, U.S. Capitol, Ford's Theatre, Arlington National

Cemetery, Mount Vernon, Tomb of the Unknown Soldier, Iwo Jima Statue, National Archives, U.S Supreme Court, and the Vietnam Veterans Memorial among other exciting sites. Students will also participate in a briefing with the South Dakota Congressional Delegation and a river boat cruise across the Potomac River.

Who is Eligible? All area high school juniors and seniors whose parents are members of Whetstone Valley Electric Cooperative.

What Does It Cost? Whetstone Valley Electric Cooperative, along with the other participating local electric

Continued on page 11

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#### **Youth Tour**

cooperatives fully fund the tour. The tour covers each participant's transportation, accommodations, meals, entertainment, and sightseeing events. Students are required to provide their spending money (for snacks, souvenirs, etc.).

When is it Held? The weeklong trip will take place from June 14-20, 2026. Participants will meet for an orientation meeting on Sunday, June 14 at the Sioux Valley Energy Office in Brandon, S.D. The group will then bus to Minneapolis and then fly the next morning to D.C. on Monday, June 15, and return to South Dakota on Saturday, June 20. A commercial bus will be used for transportation while in D.C.

How do I Qualify? Each Entrant must submit an essay, not to exceed 500 words, on the following topic: "If chosen as a youth tour delegate, you will be traveling to Washington, D.C. to experience and learn about America's rich history. What do you expect to learn about in Washington D.C.? Why is learning about history important? In what ways might this trip impact your career future career?" All essays must be typed and include a cover sheet that states the title of the essay, the entrant's name and address, name of parent or guardian, and the name of your school.

Information may be picked up from:

Whetstone Valley Electric Cooperative, 1101 E 4th Ave, Milbank, SD 57252

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# **Purchasing Appliances and Electronics: Best Times to Buy**

Product Type	Best Time to Buy for Discounts
Refrigerators and Freezers	Late winter to early spring (March/April); New models arrive in spring, and older models are discounted; Holiday sales (Memorial Day, Fourth of July, Labor Day).
Washers/Dryers, Dishwashers, Ovens and Ranges	September and October when new models are released and older models are discounted; Holiday sales (Labor Day, Black Friday, Presidents' Day, Memorial Day); End-of-year clearance.
Large Home Electronics (TVs, home theater)	Holiday sales (Black Friday and Cyber Monday); Amazon Prime Days; Late fall/early winter; Other promos, like Super Bowl sales for televisions.
Smart Assistants and Other Smart Devices	Holiday sales (Black Friday, Cyber Monday); Other sales events, like Amazon Prime Days.
Air Conditioners, Heaters and Other Seasonal Appliances	Off season (purchase AC units in fall or winter, heaters in summer); Retailers offer bigger discounts when demand is low.



# **READIED CREW FOR CHAINSAW ACCIDENT**

(From left) When Brandon Schmieg cut his forearm, fellow linemen Tristan Hall, Luke Koval and Brian Davis knew exactly how to respond. Photo submitted by Whetstone Valley Electric Cooperative.

# When a Routine Day of Trimming **Trees Turned Critical, Cooperative Employees Were Prepared to Help**

#### Jacob Boyko

jacob.boyko@sdrea.coop

Perched within the manlift on a bucket truck, Brandon Schmieg methodically sawed away large tree branches near overhead power lines, dropping them to the ground more than 50 feet below.

It's nothing out of the ordinary, explained the 19-year veteran lineman from Whetstone Valley Electric Cooperative in Milbank, South Dakota. After a while, you become accustomed to the work - and its hazards.

From the bucket he was standing in, Brandon reached with

his chainsaw for one of the last few cuts he'd need to make. But as he began the cut, the chainsaw kicked up and he lost control. Steadying himself and throwing the brake on the saw, Brandon looked down at his left arm. He'd been badly cut.

"I saw quite a bit of blood right away," Brandon said. "My first thought was that I needed to get down fast."

Gathering his strength and trying his best to stay calm, Brandon maneuvered his bucket down through the tree limbs back to the ground where linemen Brian Davis, Luke Koval and Tristan Hall noticed something wasn't right.

"I think we all sensed something happened," Brian explained. "The way he was coming down like that, and he'd just fueled up the saw, so we were wondering what had happened."

Luke ran to go shut off the woodchipper, which was drowning out Brandon's yelling. As the engine died, they finally heard Brandon yell, "Call for help!"

Brian raced to the truck to radio back to the office in Milbank, calling in a "Mayday" along with the crew's location.

With a first-aid and tourniquet kit in hand, Brian sprinted toward Brandon, where Tristan and Luke had removed Brandon's safety harness and wrapped a towel over the wound on Brandon's forearm and applied pressure to slow the

As the team secured a tourniquet tightly around Brandon's upper arm, the crew kept in touch with the office by cell phone. The office staff, having called 911 as soon as they heard 'Mayday,' worked together to relay the street address and details of the injury to emergency dispatchers.

Seeing the urgency of the situation, the team placed Brandon in the service pickup and Tristan began driving him to the hospital. As the linemen were driving back into town, the ambulance met them and took Brandon to the hospital in Milbank where they stabilized him and discovered he'd severed two arteries in his forearm. He was then transferred to

Sioux Falls and underwent surgery.

Luckily, Whetstone Valley Electric and the South Dakota Rural Electric Association had conducted first-aid training for linemen just several weeks before. The instruction included CPR, AEDs, tourniquets and wound care.

"Regular first-aid training and keeping first-aid supplies on hand is so important because our linemen are often out somewhere rural," explained Joe Denison, SDREA's loss control professional and certified paramedic for the Arlington and Lake Norden ambulances. "If we have to wait 30 minutes for an ambulance, that can be too late."

Whetstone Valley Electric General Manager Dave Page says despite the incident, he finds it encouraging that the employees followed procedure maintaining clear communication with each other and with 911, administering first aid on site, and knowing exactly what to do each step of the way.

"It wasn't only the training that was provided, but it was the attention that

these guys gave to that training - where it stuck, and their response was automatic," Dave said. "In addition, the Mayday training that we do here at Whetstone went a long way to help us all stick to the plan and see a successful outcome."

Now back on the job, Brandon credits his safe outcome to the co-op's focus on regular safety training and having first aid supplies in the vehicles.

"I don't think the makeshift towel tourniquet would have stopped the bleeding," Brandon said, looking down at the scar on his forearm.

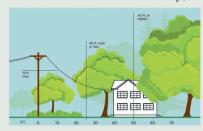
Brian added, "I don't want to think about the outcome if we didn't have a plan in place."

To help prevent those worst case scenarios, electric cooperatives continually scrutinize safety training and workplace incidents. Whetstone Valley Electric Cooperative is sharing this story with its members-owners and fellow cooperatives to promote preparedness for unexpected incidents like this one, and overall encourage a culture of safety awareness.

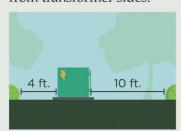
# Ways to Help Limit Tree rimming

Did you know electric utilities are required to trim trees and other types of vegetation that grow too close to overhead power lines? We know you love your trees, and we will do everything we can to avoid trimming them. Here's how you can help:

1. Plant trees in the right place. Trees that will be <40 ft. should be planted at least 25 ft. away from power lines (>40ft. should be at least 50 ft. away).



2. Don't block pad-mounted transformers. Plant shrubs at least 10 ft. away from transformer doors and 4 ft. from transformer sides.



3. Report dangerous branches. If you spot a tree or branch that is dangerously close to power lines, please let us know.



Trimming improves safety for all. Let's work together to enjoy the beauty of trees and reliable electricity.



# SERVINGS

# Frederick-Area Family Grows, **Packages Specialty Oatmeal**

Jacob Boyko

jacob.boyko@sdrea.coop

For Taylor and Cassandra Sumption, there's nothing better than waking up early and enjoying a bowl of their very own home-grown oatmeal.

Well, maybe nothing better except sharing that taste of smalltown South Dakota with the world.

Living and working on their five-generation family farm in northeast South Dakota, the Northern Electric Cooperative member-family dreamed, developed and launched Anthem Oats, which they say is a farm-to-table alternative that oatmeal enjoyers can feel good about.

But Anthem Oats isn't just a locally-sourced breakfast; it's a process rooted in sustainability.

The Sumptions' small-business journey began in 2016 when Taylor decided to replace his usual wheat cover crop with oats in his corn and soybean rotation.

"I'm kind of a nerd when it comes to crop rotation," Taylor laughed. "I started working with the USDA research farm north of Brookings, and they do a lot of rotational studies ... What I saw was a tremendous increase in yield for crops following oats."

Those increased yields are a result of the oats recycling nutrients like nitrogen, potassium and phosphorus back into the soil. Oats also increase the amount of arbuscular mycorrhizal fungi in the soil, which the USDA says helps roots intake more nutrients and moisture, making oats an ideal

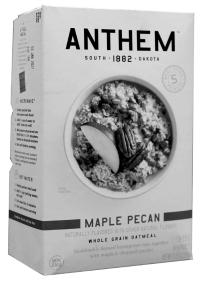
This field of oats on Taylor and Cassandra Sumptions' farm near Frederick, S.D., will soon be milled and packaged for their oatmeal brand, Anthem Oats. Photo submitted by Cassandra Sumption

cover crop to boost the next season's returns.

But an oat harvest doesn't bring in the same returns that corn and soybeans do - that had Taylor Sumption thinking about ways to add value to his product.

"It was Taylor's idea from the very beginning, from years and years ago, after many long hours in the tractor thinking about how to bring added value to our farm," Cassandra recalled. "And I loved his ideas. He would just kind of bounce things off me every now and then."

One day, it clicked in Taylor's head; he could add value to his oat harvest by producing a one-of-a-kind, high-quality breakfast product.



Taylor got in contact with the South Dakota Value-Added Agriculture Development Center (VAADC), whom he credits for helping navigate the first steps in starting the business.

Maple Pecan is one of Anthem Oats' top-selling flavors. Among other flavor options: pumpkin spice, vanilla chai, peach and cranberry, super fruit, and dark chocolate brownie.



Taylor and Cassandra Sumption sell their home-grown oatmeal in stores across the US. Photo submitted by Cassandra Sumption

VAADC CEO Cheri Rath says Anthem Oats is one of the center's many success stories, and credits the Sumptions for coming up with a marketable idea and running a sustainable business.

"Anthem Oats takes a traditional commodity and adds value to it, helping their farm diversify and add profitability at a time when commodity prices are volatile," Rath said. "They've done an awesome job of branding themselves and getting out into the marketplace."

According to Taylor and Cassandra, feedback from customers has been overwhelmingly positive, with some customers noting that Anthem Oats' subtle differences have distinguished the brand from competition.

"When selecting our oat variety was we focused on nutrient density and nutritional value," Taylor explained. "Our oats mill a little tougher, but there's a little more flavor and a little more body. Consumers can tell when it's our oats."

Cassandra, now a full-time Anthem Oats employee, oversees the product from the harvest to the shelf, and everything in between. It's an aroundthe-clock job, and one she had to learn fast.

"I didn't have a clue - this was all so new to me," Cassandra laughed, thinking back to when she first jumped into the role. "I did manage a grocery store in Frederick here for a short time, so that kind of helped me with the logistics of shipping and freight and different things like that."

Today, after more than four years on the market and a continuously growing presence in grocery stores, the Sumption family has unofficially put Frederick on the map as the oatmeal capital of South Dakota.

Cassandra and Taylor also credit their five children, Trevor, Tristan, Preston, Miranda and Marissa for taking time out of their busy lives to help out when they're able, as the family works to build a brand that resonates with consumers in South Dakota and beyond.

"I get to answer all the emails, like all of the consumers' questions, and sometimes there's a complaint, but overall everybody is very kind and sweet in their messages," Cassandra said. "It helps make your day a little brighter, knowing that you're doing something that people actually really appreciate and love, and it just makes you feel good at the end of the day and keeps you going."



# What Is the Value-**Added Agriculture Development Center?**

VAADC is a nonprofit that provides resources for the establishment and success of value-added agricultural businesses.

# What Does Value-**Added Mean?**

When farmers add value to their product, it means they are taking a raw commodity and processing, marketing or otherwise enhancing so it can be sold at a higher price. The Sumption family adds value to their oat harvest by milling, packaging and distributing their product.

# What Does VAADC Offer to Start-ups?

VAADC can assist start-ups with feasibility assessments, business plans, grant and funding opportunities, strategic planning and networking. VAADC has assisted more than 300 projects since its founding in 1999.

# Who Is VAADC?

VAADC was started by agriculture industry supporters to support producers. VAADC is governed by a board of directors representing the South Dakota Rural Electric Association, East River Electric, Farm Credit Services of America, S.D. Association of Cooperatives, S.D. Bankers Association, S.D. Farmers Union, S.D. Soybean Research & Promotion Council, and the S.D. Wheat Commission.



To have your event listed on this page, send complete information, including date, event, place and contact to your local electric cooperative. Include your name, address and daytime telephone number. Information must be submitted at least eight weeks prior to your event. Please call ahead to confirm date, time and location of event.

# OCT. 31 Treat Street

5:30-7 p.m. Main Street Milbank, SD 605-432-6656

## OCT. 25 8th Annual Ladies Day

11 a.m.-4 p.m. The Crossing Bar Mina, SD 605-390-2939

#### NOV. 1-2 Gun Show

Sat 9 a.m.-5 p.m. Sun. 9 a.m.-2 p.m. Redfield, SD 605-472-0965

## NOV. 1

**The Waddington Bros. Concert** 7 p.m.

Johnson Fine Arts Center Aberdeen, SD

#### NOV. 1-2 The Black Market

Sat. 9 a.m.-5 p.m.. Sun. 10 a.m.-3 p.m. W.H. Lyon Fairgrounds Expo Bldg. Sioux Falls, SD

# NOV. 7-9

**Hill City Girlfriends' Weekend** Information on Facebook Page Hill City, SD

## NOV. 8 TNT's Gifts & Goodies Galore

10 a.m.-2 p.m. 510 S. Main St.. Dimock, SD

# NOV. 8

# More Than a Meal Gala

5:30 p.m. Aberdeen, SD Tickets: 605-229-4741

# NOV. 14-15

#### Junkin' Market Days

Fri. 4-7 p.m., Sat. 9 a.m.-4 p.m. Ramkota Exhibit Hall Sioux Falls, SD

# NOV. 15

# Club 14 Craft + Vendor Fair

9 a.m.-2 p.m. Hendricks Public School Hendricks, MN 605-690-5586

# **NOV. 15**

# **Dueling Pianos Playing for Permanency**

5:30 p.m. Holiday Inn & Convention Center Spearfish, SD 605-722-4558

#### **NOV. 16**

### An Old-Fashioned Thanksgiving

2 p.m. Gayville Music Hall Gayville, SD 605-760-5799

# NOV. 16 FEZtival of Trees

Mon.-Fri. 4-7 p.m. Sat. 11 a.m.-6 p.m. 802 S. Main St. Aberdeen, SD 605-225-4841

# NOV. 22

# **Lille Norge Fest** 8 a.m.-12:30 p.m.

Canyon Lake Activity Center Viking Hall 2900 Canyon Lake Dr. Rapid City, SD

#### **NOV. 27**

## **Community Thanksgiving**

11:30 a.m.-1:30 p.m. Groton Community Center Groton, SD

## NOV. 28 Snacks With Santa

2-4 p.m. Hill City Center Hill City, SD

## DEC. 6

#### **Hometown Christmas**

All Day Milbank, SD 605-432-6656 www.MilbankSD.com/Chamber

### **DEC. 14**

# Shaun Johnson Big Band Experience Holiday Show

4 p.m. Johnson Fine Arts Center Aberdeen, SD

> Note: We publish contact information as provided. If no phone number is given, none will be listed. Please call ahead to verify the event is still being held.